

Curriculum Vitae

Lauren Mahakian, the Alzheimer's Insider

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www.FamilyConnectCare.com



Professional Overview

Lauren R. Mahakian is a geriatric care managing specialist providing care assurance for people diagnosed with Dementia and inclusive of all its types and causes. Her representation spectrum is all encompassing: families, medical professionals and other interventional staff who provide needed care for those who require her proven novel and restorative approaches to managing Dementia. Lauren refers to those she collaborates with who are impaired with the condition as “chronologically gifted.” Her knowledge and tender awareness and regard for her patients has earned her the moniker, “*The Alzheimer's Insider*.” She has the innate ability to know what her clients need – even before her clients need it – or, when they cannot on their own express their needs, she becomes their “advocate voice.”

Professional History

Lauren received her Bachelor of Science degree in Public Administration from the University of La Verne. In 2006, targeting her career study in aging, she commenced a life-changing internship with noted gerontologist, Jane Mahakian. Two years later, Lauren founded and spearheaded **Family Connect Care** and has been an invaluable resource and lifeline for those with Dementia and loved ones ever since.

As a small business owner, Lauren established and operates **Family Connect Memory Care**, **Family Connect Care Memory Boutique** and **South Bay Memory Care**; all licensed residential care communities for the elderly located in Southern California and now, expanding to Santa Ynez Valley, California.

In efforts to expand her dementia healing vision as a Facilitator/Educator for Alzheimer's Los Angeles, she shares her knowledge of care management through education, conducting weekly caregiver ZOOM support groups; monthly ZOOM Dementia ZOOM meeting; Traumatic Brain Injury (TBI) ZOOM meetings; pens a bi-weekly column in the **Palos Verdes Peninsula News**, “The Alzheimer's Whisperer,” and is host to bi-monthly PODCAST, “Unlocking the Doors to Dementia With Lauren.”

Professional Certifications

- COVID – 19 Care Management Certified
- Certified Dementia Practitioner – *National Council of Certified Practitioners*
- Certified in Validation Therapy – *Institute of Validation Therapy*
- Certified in Gerontology – *California Board of Registered Nurses*
- *Certified in MOCA -Montreal Cognitive Assessment*
- Certified in Physicians Orders Life Sustaining Treatment (POLST)
- License Administrator Residential Care Facilities for the Elderly – License #: 6031850740
- (Maintains three residential care facility licenses for the elderly in the State of California)
- Licensed Home Care Organization – License #: 194700543

Published Materials

- Bi-monthly since January, 2020: **Palos Verdes Peninsula News**— Alzheimer's Insider: https://www.pvnews.com/search/?f=html&q=Lauren+Mahakian&d1=2019-01-01&s=start_time&sd=desc&l=25&t=article%2Ccollection%2Cvideo%2Cyoutube&nsa=eedition
- Podcasts: “Unlocking the Doors of Dementia with LAUREN” — <https://familyconnectcare.com/dementia-podcast/>